

# Youth Worker Café: Youth Voice Panel

## Panel Questions and Facilitation Plan

### Panel Questions - Section 1: Consistent Across All Events

- 1) Education and learning have changed significantly. With all that has been changing, what are your teachers – and those adults who support your academic success – doing that helps you?
- 2) There is considerable concern around youth mental health. What are the most significant stressors on you and your peers?
- 3) What should adults be paying close attention to in this area?
- 4) Over the past several months, how have you and your peers taken care of your mental and physical health?
- 5) There is considerable concern around youth substance abuse. Do you feel that this is an issue in Cass County and in your opinion what is the best way to address substance abuse prevention with youth?
- 6) What does equality and inclusion mean to you? How do you see the adults around you supporting equality and inclusion?
- 7) What is the impact of social media on how youth are managing their lives? How does social media influence values?

### Panel Questions - Section 2: Community Centric Questions

- How do you stay connected with friends and family?
- What do you do in your free time? Do you go to community events? Why or why not? What other activities or events do you think would be attractive/interesting?
- What are the top three things that your school/community could do that would help you the most?
- As we close out, is there anything - specific advice or information - you'd like caring adults in your community to know about supporting youth as we move forward?

### Facilitation Plan

- Moderator will introduce panelists and ask them to tell their school, grade level, and three things about themselves: examples Hobbies, interests, favorite music, artist, quote
- Moderator will prompt youth panelists to answer each question. The youth will identify which questions they feel comfortable answering. Students will receive a card that says

yes or no. Students will not be called on if they identified that they were not comfortable answering the question by flipping their card to no.

- Each panelist is asked to speak for no more than 2-3 minutes at a time

If there is time at the end, the moderator can take questions from the audience. The moderator will let the audience know that we want their questions to either be an extension of an answer already given or a follow-up question within the topics we had already discussed.